

St. Paul's Episcopal Church

WELCOME TO ST. PAUL'S

"Everybody at St. Paul's has a ministry."

We say that a lot around here. Our job is to help support your ministry, giving you the tools, resources and connections you need to allow you to exercise your ministry. Whatever gifts you've got, we want to help you use them.

Please take the time to look through this brochure. We hope you'll find your ministry and join in. Or if you can't find it -- let us know and we'll help you create it. We want everybody to:

**worship weekly, pray daily,
learn constantly, serve joyfully,
and live generously.**



*"Whatever gifts
you've got, we want
to help you use
them."*



AA & Al-Anon

St. Paul's hosts 12-step support meetings of Alcoholics Anonymous, Al-Anon, and Ala-Teens
AA - Mon, Wed, Fri @ 5:30; Fri. @ 8:00; Sat @ 5:00;
Al-Anon - Mon @ 7:00; **Ala-Teens** - Mon @ 5:30

Acolyte Ministry

The acolytes assist in our worship. There are usually four acolytes at each service. Young people begin serving as acolytes around age 10. Our vergers and priests lead the training. Please contact Jeremy Oxford, Verger and Master of Acolytes; 442-5123 or 871-1518 or jmoemt@cox.net

Altar Guild

The altar guild has:

- Four teams of 5-6 (men and women) who **prepare the altar** for all worship services, including occasional services, weddings and funerals. The time commitment is 2-3 hours one week a month.
- The **linens guild** launders the Eucharistic linens; time commitment is 3-4 hours every 6-7 weeks.
- The **bread guild** bakes the communion bread used. Time commitment is 3 hours every 5-6 weeks.

There is training and a manual for everyone who serves. We have flexible scheduling available. For more information contact Gina King at 973-4430 ginak@uark.edu

Adult Sunday School

We have Christian Formation classes for all ages during the 10:00 hour on Sunday mornings. There are usually several offerings for adults. See the bulletin insert or the newsletter for the current classes.

Alternative Gift Market

Our Alternative Gift Market is an annual gift to the Northwest Arkansas community and, through them, to the world. On a Sunday early in Advent, a crew of volunteers make available gifts of relief and development to benefit the world's poor and our endangered planet. You may purchase gifts of trees, livestock, food, medicine, and much more on behalf of a loved one who then receives a card describing the very real need being met by your gift. Family, teachers, and friends are honored and delighted by the creative, life-giving treasures of hope, dignity, sustenance and renewal. It takes at least two dozen volunteers to make this happen. For more information please con-

tact Suzanne Stoner at 442-7373, ext 19
suzanne@stpaulsfay.org.

Angel Food Ministry

ANGEL FOOD IS FOR ANYONE! Hundreds of families purchase low cost, high quality frozen meats and fresh or frozen fruits and vegetables through St. Paul's. The cost is just \$30 per unit—a \$50 to \$75 value. Anyone can order as many units as desired. There are no income requirements. Each month's menu is different — 16 to 18 items totaling about 30 pounds. There are additional special orders available for \$18 to \$20. Orders with payment are due two weeks before the distribution date. See the schedule on each month's flier for specific dates, or on our web site at <http://www.stpaulsfay.org/angelfoodmenu.pdf>

We use a lot of volunteers on the monthly food pick-up day. Contact T. Fuller — tfuller@uark.edu to help with distribution. If you can't volunteer or can't use the food, please consider donating a unit for someone in need.

Volunteers help take orders in the Welcome Center during the sign-up week for 3 or 4 hour shifts -- Contact Vicki Anderson, 903-3600 (cell); vanderson@arkansas.net

Baby & Toddler Music Classes

Linda Kelly, associate director of music, leads this music education program for little ones based on the Orff education theory that all children are naturally musical, and when they are taught by doing things they enjoy their learning increases ten fold. These classes are fun, fun, fun!

Class fee is \$84 for 12 lessons.

If you have any questions please contact Linda at lpkellyar@aol.com or 251-7876 for information about the next available class.

Classes available for **3 months - 4 years of age.**

Back Pew Group

The "Back Pew Group" was originally formed to provide fellowship to parishioners with young children. Although the majority of the group does have small children, we welcome anyone who wants to relax, chat, eat, and have fun! We have monthly events and we try to plan activities for adults and children on alternate months.

Please contact Kristin Payne (751-2596

jk-payne@cox.net) or Susan Carey (582-1441 susanpcarey@yahoo.com) for more information.

Baptismal Preparation

We prepare adults and children for Baptism at the following feasts: Easter Vigil, Pentecost, Transfiguration Sunday, All Saints Sunday, the Feast of the Baptism of Jesus, and the Bishop's Visitation. Chuck Walling teaches the preparation class: 442-7373, ext. 32; chuck@stpaulsfay.org

Bookstore

St. Paul's Bookstore offers an attractive range of jewelry, gifts, Prayer Books and other books, including publications by our McMichael Series speakers. Special orders are accepted. Our coordinators are Susan Hays 521-9739, Nan Smith-Blair 442-4527, and Sandy Prince 443-5100.

Bright Light Tutoring

Bright Light Tutoring is a ministry of educational help and enrichment for students from nearby Washington Elementary. Held on Tuesday and Thursday volunteers tutor, prepare snacks, supervise enrichment, walk children from and to the school and drive some of them home. Please consider purchasing supplies to help with this program. Contact Deacon Emily Bost, 442-7373, ext

26 for more information, emily@stpaulsfay.org

Children's Ministry

Children and Family Ministry includes the multitude of programs, services, classes, events and happenings that involve children, age 4 to 5th grade, and their families. Through these ministries families can grow in Christ through worship, teaching and fellowship throughout the year.

Sunday School Classes meet 10:00-10:50 and are on the second floor (main access up from the Welcome Center. Rooms are color coded:

- Green (4 or 5 years old)
- Purple (1st-2nd grades)
- Yellow (3rd-4th grades)
- Blue (5th - 6th grades)/

We use various curricula including *Catechesis of the Good Shepherd*, *Godly Play*.

We offer Children's Church during the 8:45 and 11:00 Sunday services.



Our summer *Very Big Story* is a week of fun and teaching shared with the other area Episcopal churches. Our Children's Minister is Laura Wilkins, 442-7373 x 18 laura@stpaulsfay.org

Church Periodical Club

The CPC is an Episcopal Institution whose ministry is to supply books, magazines, tapes, videos and computer programs free to those who cannot otherwise obtain them. St. Paul's CPC holds an annual book sale to raise money for this effort. 442-7373.

Community Clinic at St. Francis House

The Community Clinic at St Francis House is a non-profit Community Health Center, offering a medical home for low income people in Northwest Arkansas – by operating as both a medical and dental clinic.

The medical clinics in Springdale and Rogers serve patients with high quality and accessible preventive and primary health care. These medical services include; **prenatal** care, **prescription assistance** programs, and **vaccines** for children. In addition we offer patient **education** which includes a **smoking cessation** classes.

The **dental clinics** also in Springdale and Rogers provide a full range of services including oral hygiene instruction. We also serve as an **advocacy** and **referral center**, assisting patients with ancillary services and financial eligibility.

The Community Clinic at St Francis House accepts insurance, **Medicaid** and **Medicare**, or offers a **sliding fee scale** to patients who qualify. We welcome insured patients as well.

Culturally-competent and linguistically appropriate care is delivered to all patients through bilingual staff and education materials and signage in Spanish and Marshallese.

The Community Clinic began as a **volunteer led project** out of St Paul's in 1989. We've continued to be steadfast to the original vision of providing care to those who have difficulty accessing health care. www.communityclinicnwa.org

Community of Hope

Community of Hope trains and sustains a community of volunteer lay pastoral caregivers united in prayer, shaped by Benedictine spirituality and equipped for and serving in pastoral care ministries. Pastoral care involves being present in a listening, compassionate, non-controlling manner to respond to another's spiritual needs. Coordinators are Suzanne Stoner, suzanne@stpaulsfay.org and Annette Koonce, fupi@cox.net, 502-4880

Community Meals

Community Meals serves a balanced hot lunch to anyone who comes in. St. Paul's offers this ministry at noon on **Mondays and Wednesdays** in our kitchen and Parish Hall. (On Tuesdays and Thursdays, meals are offered at Central United Methodist.) We always need volunteers to cook, serve, and clean up. To volunteer, contact the church at 442-7373.

Cookbook Committee

We would love your recipes for the St. Paul's cookbook project. Just fill out one of the forms at the reception desk and leave with the office staff. Or you can submit by email to T. Fuller at tfuller@uark.edu. Committee members prepare and test submitted recipes at monthly luncheons. If you'd like to join this lively, creative group as a test cook, please notify T. Fuller at 443-2282. It's lots of fun and fine fellowship, not to mention sharing great food.

Cooperative Emergency Outreach

CEO is a joint ministry of many Fayetteville congregations to respond to the emergency needs of our neighbors. CEO helps with food, utilities, referrals, and other crucial needs. St. Paul's is a founding member of CEO, and our members contribute money, non-perishable food, and volunteer hours. Contact CEO directly at 444-7500, 419 W. Rock Street. Parish contact, Sandra Womack, 521-6598

Daughters of the King

Daughters of the King is an order for women in the Episcopal Church and churches with the historic Episcopate. Every Daughter pledges herself to a lifelong discipline of prayer, service and evangelism.

At St. Paul's, evidence of the presence of Daughters of the King is through prayer cards that are available around the church and blankets that are available in the Narthex. DOK sponsors quiet days and book studies. Mary Miller at 442-7373, mary@stpaulsfay.org

Dinners for Eight

Dinners for Eight is a ministry of St. Paul's that brings members together for dinner and conversation. It is open to ANY adult in Northwest Arkansas (or beyond, if you feel like traveling). There is only one rule...you must be prepared to have a good time. Call D48 Coordinator, Susie Hunnicutt, mabear66@cox.net

Dream Group

Dreams can be a very important part of the spiritual journey. If you would like to have help in listening to your dreams, come join our Sunday group, 2:00-3:30

p.m. in the Library (except August) For more information contact Mary Miller, 442-7373, mary@stpaulsfay.org

EFM—Education For Ministry

Education For Ministry is a four year program of study, worship, and theological reflection created by the School of Theology at Sewanee. Commitment to the program is made one year at a time. There is a year of study for each of the following: the Old Testament, the New Testament, Church History, and Modern Theological Thought. Participation is through seminar groups which meet nationwide. St. Paul's group meets each Wednesday night during the school year, 6:00pm - 8:30pm in the church Library. For more information please contact the EFM Mentor, Christy Adams, adams@arsources.org

Episcopal Relief and Development

Episcopal Relief and Development is our denomination organization that responds to human suffering around the world. We provide emergency assistance after disasters, rebuild communities, and help children and families climb out of poverty. We also have a diverse development program to give people the tools to earn an income and create opportunities for their children. For more information www.e-rd.org or contact Necia Parker-Gibson, neciap@gmail.com

Eucharistic Ministers

Lectors, Chalice Bearers, and Eucharistic Visitors assist with worship and communion.

- * **Lectors** read the scripture lessons and prayers of the people.
- * **Chalice Bearers** administer the wine at communion.
- * **Eucharistic Visitors** take communion to those who cannot be at worship with us because they are sick or shut-in.

We welcome anyone to participate in these ministries. For training, please contact Deacon Emily Bost emily@stpaulsfay.org or 442-7373, ext 26, Suzanne Stoner suzanne@stpaulsfay.org 442-7373, ext 19

Evening Prayer

Four teams of lay leaders offer Evening Prayer in the

church at 5:30 p.m. on Mondays, Tuesdays, Thursdays and Fridays. Public invited. If you'd like to help lead the service, contact Lowell Grisham, 442-7373, ext. 14, lowell@stpaulsfay.org

Flower Guild (St. Elizabeth's Guild)

The Flower Guild oversees the floral decorations for all services in the church. After church a team takes the flowers to ill or shut-in neighbors. Kay Duval, kduval@uark.edu, 442-0635

Friends of Animals

Friends of the Animals is affiliated with the Episcopal Network for Animal Welfare. We meet every month or two and discuss responses such as pastoral care for church members grieving loss of family pets, local animal legislation, volunteer activities with local shelters, rescue and animal welfare groups, therapy dogs and pet training. For more information contact Carolyn Banks, 442-6337, cbduy@aol.com

Gardener's Guild

St. Paul's Gardeners have enjoyed years of fun designing, planting, and nurturing St. Paul's many gardens. We are a loosely knit group of volunteers who enjoy fellowship, butterflies, flowers, and digging in the dirt. We meet the second Saturday of each month (starting in September) from 9-11:30ish and then as needed during the year. Attendance is "as you can make it" and there are no age requirements. Contact Evelyn Elledge 443-7003 evelynduer@aol.com

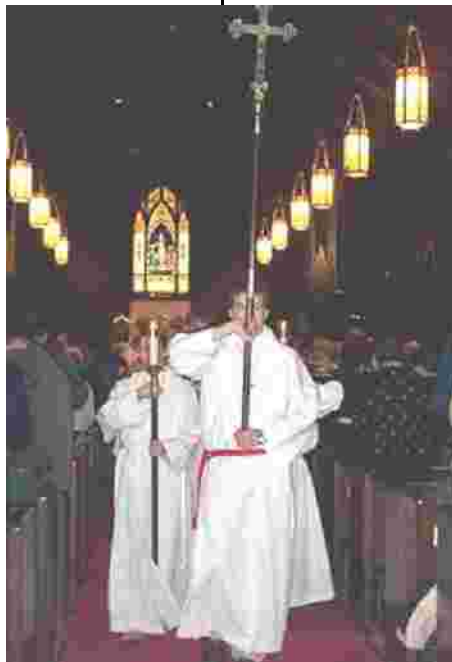
Habitat for Humanity

The local chapter of Habitat is a community agency that builds homes with families who contribute to the project with their own sweat equity. St. Paul's contributes volunteers and funding to Habitat. Contact Kathy Freeman, secretary@stpaulsfay.org 442-7373

Healing & Healing Touch

On Tuesdays at 5:30 we have a service of prayer with laying on of hands for healing. Clergy and lay ministers share leadership.

We also have a team of people who offer *Healing*



Touch, a form of energy work with prayer. We host *Healing Touch* accredited training.

Suzanne Stoner suzanne@stpaulsfay.org or Cathy Campbell 443-0650 cathy5403@swbell.net or Linda Jones, 521-0859 lcjones@uark.edu

Home Bible Study Class

"Read, mark and inwardly digest", these are components of our small group journeying thru the New Testament. Using our bibles (we READ the scripture), study books, and videos help illuminate our journey. Life experiences round out our discussions. Newcomers welcome. Thursdays at 10:00 am at the home of Evelyn Elledge, 2190 Kantz Ln.. Call 443-7003 for additional information. evelynduer@aol.com

Inquirer's Class

Inquirer's Class is our introduction to the basics of Christianity from the perspective of the Episcopal Church — our ethos, theology, history, structure, customs and attitudes. Many people use Inquirers' Class as preparation for Confirmation or for Reception into the Episcopal Church. Six Sunday afternoon classes in fall and spring, led by our clergy.

Integrity

Integrity is a national organization of the Episcopal Church's gay, lesbian, bisexual and transgender community and their friends. The Northwest Arkansas Chapter meets monthly for fellowship and support. Julie Schultz, julieschultz1@sbcglobal.net, 841-3051

Junior Usher

At the 8:45 Sunday Eucharist our ushers are young people, 12 and over. We also welcome any adults who would like to mentor our young ushers and to help them learn their role as ushers in our Sunday worship service. Contact Patty Sullivan, 521-3676, patty.sullivan@sbcglobal.net

Labyrinth Ministry

The Labyrinth Ministry at St. Paul's seeks to invite people into an awareness of their own journey through the path of the labyrinth. Monthly scheduled walks and periodic workshops encourage individuals to take time to experience and learn about the peace, the quiet

and the balance that the labyrinth path can bring to our lives. Mary Miller coordinates, 442-7373 mary@stpaulsfay.org

Let's Get Acquainted & Welcome Committee

St. Paul's intends to be a church of radical hospitality. Each Sunday at 10:00 we invite visitors to become better oriented through our *Let's Get Acquainted* conversation. Meets in the first office past the book store: coordinator, Chuck Walling chuck@stpaulsfay.org 442-7373, extension 32.

Suzanne Stoner leads another committee of volunteers who serve to greet, welcome and incorporate new members. 442-7373, ext. 19; Suzanne@stpaulsfay.org

McMichael Lecture Series

The McMichael Lecture Series attracts speakers of national significance exploring a wide range of spiritual issues. Lectures are free to the public with child-care provided and receptions following evening events. The series was made possible by a bequest from Clifton R. "Tippy" McMichael, a lifelong member of St. Paul's.

Merton Study Group

The Merton Study Group meets weekly on Monday nights reading the writings of Thomas Merton. We have much discussion and intermingling of our thoughts with his thoughts. All are welcome whatever your knowledge of Merton. Coordinators are Mary Miller, 442-7373,

mary@stpaulsfay.org and John King, 575-2957, jking@uark.edu.

Millennium Development Goals

Can we end severe poverty in our lifetime?

In September 2000, world leaders committed their nations to work together against poverty and hunger, gender inequality, environmental degradation, and HIV/AIDS, while improving access to education, health care, and clean water, all by 2015. These wide-ranging commitments are encompassed in the eight Millennium Development Goals, or MDGs.

St. Paul's designates 0.07% of our income to MDG efforts and has a task force to help support our efforts for direct support as well as public advocacy at the local and national levels. For more information,



contact Bob McMath 521-6490 bmcmath@uark.edu,
or Gary Weidner 442-9606 gary@gw-pro.com

Miriam's Guild

This Guild welcomes new babies into the world by visiting with the families of newborns and offering the church's support and hospitality. The Guild helps prepare families for their child's baptism. Contact Elizabeth Tyer, ewptyer@aol.com, 445-6519

Music at St. Paul's

St. Paul's has a rich musical heritage. All are welcome to sing in a choir and/or ring handbells.

Music for Babies and Toddlers directed by Linda Kelly.

Bouncing Babies (6-mos to walk'g)

Tuneful Tots I (walking to 2 yrs)

Tuneful Tots II (2-3 years)

Melody Makers (3-4 years)

Choirs for All Ages

Cherub Choir: Tuesday afternoon, 3:45-4:30 p.m. (K-1st grade)

St. Cecilia Choir: Thursday, 4:00-5:30 pm (boys & girls grades 2-3)

St. Theresa & St. Nicholas Choirs: Thursday, 4:00-5:30 p.m. (boys & girls grades 4-6)

St. Dominic Choir: Wednesday, 4:00-5:00 p.m. (young people, grades 7-12)

St. Paul Choir: Wednesday evening, 7:00-9:00 p.m. (high school and up) This truly talented group sings weekly at St. Paul's, but has also sung in England, Scotland, Italy, and for a Mass at the Vatican in 2007. Wales & Ireland in 2008.

Call Charlie or Linda at 442-7373; cr273@aol.com or linda@stpaulsfay.org

Singing lowers your blood pressure! You'll have to sing when you get to heaven, so start rehearsing now!

Friends of Music — was established in 2001 and helps fund musical events at St. Paul's.

The Northwest Arkansas Friends of Jung

The Northwest Arkansas Friends of Jung meets regularly the First and Third Tuesdays of the month, September thru May in the Library at St. Paul's, 7:00—8:30 p.m. All are welcome at the Friends of Jung regardless of your level of knowledge about Jung. We

always have a good time and fascinating discussions. Each year we pick a theme and explore it through writings, video, lecture, tapes. Mary Miller coordinates, 442-7373, mary@stpaulsfay.org

Nursery

St. Paul's nursery provides child care during Sunday morning services and other events. It opens at 8:30 and closes after the 11 o'clock service. We take care of the little ones allowing parents time for worship. Silent beepers available.

If you love children and would like to be a member of our team, please contact Janet Oxford at 521-1637 jpoxford@cox.net

Ozark Highlanders Pipe Band

The Ozark Highlanders Pipe Band is a local non-profit organization that serves the Northwest Arkansas Community.

Throughout the year, we perform in various parades and community events. We welcome children, youth and adults who are interested in learning to play the bagpipes and to become a part of this award winning band. Contact Linda Jones, 571-0859



Parish Hall Gallery

St. Paul's Parish Hall Gallery is a showcase for the talents of St. Paul's parishioners and the community to share their gifts of creative talents. The shows change monthly and feature two dimensional art of all mediums from quilting and photographs, to creative writing and paintings. All work is original, and

may be used to help community charities, or just showcase visual arts for visitors to the Parish Hall to enjoy. For more information contact Shannon Mitchell, 582-0685; sdmitchell15@sbcglobal.net

Parish Nurse

Our Parish Nurse helps support the health care of our people by teaching and advocacy. Our Nurse can help people better understand their illness, treatment and medicines. The Nurse provides supportive care, and when necessary, improved conversation between patients and their health care providers. Our Parish Nurse is Catherine Lyon, R. N.

parishnurse@stpaulsfay.org 501-258-1440

Pastoral Care Meals

We like to send a home-cooked meal to any parishioner recovering from childbirth, illness, surgery, or the death of a loved one, as a reminder of our affection and support. We rely on a steady supply of home-cooked fresh-frozen casseroles you can drop them off at St. Paul's to be kept in our freezer. Another crew of volunteer drivers delivers these savory meals as needed. We supply aluminum pans and provide recipes, but also welcome family favorites from your own table. For more information please call the office at 442-7373.

Prayer Shawl

Beginning or experienced knitters make beautiful shawls that we bless and then deliver to people experiencing illness or stress.

Prison Ministry (Women's)

The Women's Correction Center houses non-violent felons, mostly for drug and alcohol related crimes. *Group Work* brings art and skill classes to the women. *Mentors* help prepare women for release into society and guide them when they are free. *Transitional Housing* helps with shelter needs. We bring communion and we collect books. Barbra McHenry, 251-1335, Barbra_McHenry@yahoo.com

Recycling Team

In January of 2003, small signs began appearing in the halls, the Narthex, and the Guild Hall bearing the words, "St. Paul's Recycles." Volunteer Recyclers carry away hundreds of pounds of white and mixed paper, cardboard, packing paper, catalogs, kitchen cans, and glass and plastic bottles, saving reusable resources from entering overflowing landfills.

Following a monthly schedule volunteers collect and carry recyclables to the city bins on South Happy Hollow Road. To help, contact the church office at 442-7373 or Kay DuVal at kduval@uark.edu.

St. Martin's Episcopal University Center

St. Martin's (Maple Ave. near Old Main) provides a ministry of hospitality and prayer for students, faculty and staff. Lunch & Eucharist Thursdays at 12:30 p.m. Sunday evening Eucharist, 8:00 p.m. Daily Office. Tuesday program night; Thursday fun night. Our center features a chapel for reflection and meditation, comfortable study areas, Cable TV, and Wireless internet access. For more information call St. Martin's at 443-4791; mcmalcolm55@yahoo.com; Chaplain Malcolm McLaurin,

St. Mary's Guild

St. Mary's Guild is an informally organized group of women in St. Paul's. Morning meetings are held in

members' homes or in the Parish Hall on the last Tuesday of each month during the academic year. Guest speakers present programs and refreshments are served. The guild's origin goes back at least fifty years. Membership is open to the women of St. Paul's. Suggested annual dues are \$15 per year, and income is used to support various St. Paul's endeavors or other worthy projects. Members are available to assist with church matters in any way possible. For more information contact Barbara Singleton at 521-3340.

St. Spatula's Guild

This ministry owes its name to a virtual saint—the patron of cutlery, canapés, and cocktail napkins. Our guild serves to support the celebratory components of St. Paul's mission statement assisting with the many receptions our parish hosts whether they follow a McMichael Lecture or a funeral service.

St. Spatula's Guild is composed of volunteers who serve on an as needed basis in the capacity of food preparers/providers, kitchen/serving staff, and/or dishwashers. We welcome all and hope you will consider joining us this season. Blessings and Bon Appetite!

Contact person: Christine Klinger, 521-9637 or cklinger@hpa-106.com.

Servant Leadership School of NWA

St. Paul's hosts the Servant Leadership School as a way of training people in the principles of Servant Leadership. Using secular resources from the Greenleaf Institute and sacred resources from several sources, the School offers a 10-week introductory course and several subsequent in-depth core classes of the themes of Servant Leadership.

The Servant Leadership School also acts as an umbrella for many workshops and classes to promote spiritual and leadership development. Participants come from outside St. Paul's as well as from the congregation. For more information contact Kaye Bernard, 582-4722, sophiawoman@yahoo.com or Suzanne Stoner, 442-7373, ext 19, suzanne@stpaulsfay.org

Seven Hills Homeless Center

Seven Hills was founded by St. Paul's. The Day Center on 6th Street provides vital resources for our homeless neighbors. The new \$2.5 million Walker Family Residential Community on Huntsville Road offers supportive transitional housing. For more information please call 251-7776 www.sevenhillscenter.org

Spiritual Direction

Spiritual Direction invites you into a closer relationship with God. In Spiritual Direction you reflect deeply on the experiences of daily life where you gradually begin to recognize God's presence and grace in your life.



The Spiritual Director journeys with you as you deepen your relationship to God in the context of a confidential, one-on-one fifty minute session either monthly or bi-monthly. Spiritual Direction is not therapy and is generally engaged with a Spiritual Director who has completed extensive training and formation. Fee for service is donation to St. Paul's. For more information on individual sessions or to form your own Spiritual Direction group, please contact Kaye Bernard at 442-7373 ext 40 or 582-4722

Theology on Tap

"Spirit"-filled conversation, book discussion, and fellowship. First Tuesdays, 6:00-8:00 p.m. @ *George's Majestic Lounge*, Dickson Street.

United Thank Offering

The United Thank Offering encourages each household in the congregation to have and use a UTO Blue Box throughout the whole year. We offer a coin or bill as an outward and visible sign of our thanks to God during daily moments of prayer or thanksgiving. Gifts are collected from throughout the Episcopal Church to aid many projects. Mary Ellen Hartford, 575-3223, mhartfo@uark.edu.

Vestry

The Vestry is the governing board of the parish. The Parish elects four members annually to serve three-year terms. The Senior Warden is appointed by the Rector; the Junior Warden has oversight for property issues. The Vestry meets monthly and all meetings are open to all members of St. Paul's Church. Senior Warden, Bob McMath bcmath@uark.edu, 521-6490; Junior Warden, John Tolleson, jtolleso@uark.edu, 582-5895

Wednesday Church

Informal, child-friendly Eucharist in the Parish Hall at 6:15 p.m. (lasts 30-minutes). Convenient meal with fellowship starts at 5:15 p.m. \$6/\$3

Women's Spirituality

Wednesday at 7:00 p.m. (after *Wednesday Church*) we have an opportunity for women to gather to encourage for friendship and encouragement to support their life, work and service. Sara Milford sara@everydaysimple.org, 799-1303

Yoga

Yoga offers a sense of stillness and quiet. It is prayerful. We offer Yoga twice weekly at St. Paul's: Tuesdays from 5:30-6:30 p.m. and Fridays from 8:30-9:30 a.m. Please bring a blanket and a non-skid mat. Yoga's inclement weather and holiday schedule follows the Fayetteville Public Schools. Remember to check with a doctor before doing yoga if you have any serious health problems or if you think you might be pregnant. Teachers are Jamie White 521-3123 and Judy Stephen 521-7354 or jstephen@uark.edu.

Youth Ministry

We encourage all our youth (7th-12th grade) to participate in Sunday School and at least one program each year. Since there are many programs, there is always a place for every youth at St. Paul's.

We invite adults in the parish to support the Youth Ministries Program by becoming Youth Leaders. Youth Leaders are chaperones for all youth events and lead Sunday School, EYC (*Episcopal Youth Community*), Faith Stories, GO, GT and Confirmation Class. If you would like to become a Youth Leader for one of our groups, please contact Amanda Harrison Robinson at eyc@stpaulsfay.org or 479-442-7373 ext. 16

Youth, we'll see you at: Sunday School, Confirmation Class, EYC Jr., EYC Sr., Faith Stories, Mission Events, Diocesan Events, G.O.2-Girls group, GT-Guys group, Acolytes, St. Dominic's Choir, Junior Ushers.

